

Amsterdam Mohawks Baseball Camps 2016

Sponsored by
The
Recorder



Week 1: All-Pro Camp Mon 6/27-Fri 7/1

In its 17th year...Staffed by Mohawks coaches and players

9:30 AM - 3:00 PM \$125 Ages 5-16 *please bring a lunch eaten from 12:00-12:30

Week 2: Mohawks Pitching Camp Mon 7/11 - Thurs 7/14

9:30AM-12:30 PM \$75 Ages 8-16 Staffed by Mohawks coaches and players

This is a camp for the pitcher. We will cover the mechanical and mental aspects of pitching. Other topics include: Conditioning, Arm Care, Fielding Drills, Throwing Drills, and Gamesmanship.

Week 3: Mohawks Hitting Camp Mon 7/18 - Thurs 7/21

9:30AM-12:30 PM \$75 Ages 8-16 Staffed by Mohawks coaches and players

This is a camp for the hitter We will cover the mechanical and mental aspects of hitting along with drills, conditioning, mental approach, etc,

Name: _____ Parent: _____ Age _____

Street: _____ City: _____

State: _____ Zip: _____ E-Mail: _____

Phone: _____ Emergency Phone # _____

Week 1 _____ Week 2 _____ Week 3 _____

Make checks to:
Amsterdam Mohawks
PO Box 334
Amsterdam, NY
12010

OR call 791-7546

*send in minimum of
\$50 deposit per camp

I agree to allow _____ to attend the Amsterdam Mohawks baseball camps and permit the staff to treat my child in the case of an accident and waive liability against the Amsterdam Mohawks.

Parent signature: _____

Date: _____